## 10A NCAC 13E .0315 HOUSEKEEPING AND FURNISHINGS

- (a) Each overnight respite services program shall:
  - (1) have walls, ceilings, and floors or floor coverings kept clean, well maintained, and free of damage;
  - (2) have no lingering odors;
  - (3) have furniture clean and free of damage;
  - (4) have a North Carolina Environmental Health Services Section approved sanitation classification at all times:
  - (5) be maintained in an uncluttered, clean, and orderly condition, free of all obstructions and hazards;
  - (6) have a supply of bath soap, clean towels, washcloths, sheets, pillow cases, blankets, and additional coverings adequate for participant use on hand at all times;
  - (7) make available the following items as needed but shall not charge the participant's personal funds for the cost of these items:
    - (A) protective sheets and clean, absorbent, soft, and smooth pads;
    - (B) bedpans, urinals, hot water bottles, and ice bags; and
    - (C) bedside commodes, walkers, and wheelchairs;
  - (8) have a television and radio, each in good working order;
  - (9) have curtains, draperies, shades, or blinds at all windows in participant-use areas to provide for participant privacy;
  - (10) have recreational equipment, supplies for games, books, magazines, and a current newspaper available for participants;
  - (11) have a clock that has numbers at least 1½ inches tall in an area commonly used by the participants;
  - (12) have at least one working telephone that does not depend on electricity or cellular service to operate.
- (b) Each bedroom shall have the following furnishings for each participant:
  - (1) beds equipped with box springs and mattress, solid link springs and no-sag innerspring, or a foam mattress. A hospital bed shall be provided as needed. A water bed may be allowed if requested by a participant and permitted by the overnight respite services program. Each bed shall have the following:
    - (A) at least one pillow with clean pillow case;
    - (B) clean top and bottom sheets on the bed, changed at least once a week; and
    - (C) clean bedspread and other clean coverings as needed;
  - (2) a bedside-type table;
  - (3) a chest of drawers or bureau for a single participant or a double chest of drawers or double dresser for two participants when not provided as built-ins;
  - (4) a wall or dresser mirror:
  - (5) a minimum of one comfortable chair per participant, high enough from the floor for easy rising;
  - (6) additional chairs available, as needed, for use by visitors;
  - (7) a clean towel, wash cloth, and towel bar within the bedroom or adjoining bathroom; and
  - (8) a wall-mounted light overhead of the bed or a lamp with a switch within reach of a person lying on the bed. The light shall provide a minimum of 30 foot-candle power of illumination for reading.
- (c) The living room shall have living room furnishings for the comfort of participants with coverings that are cleanable.
- (d) The dining room shall have the following furnishings:
  - (1) tables and chairs to seat all participants eating in the dining room; and
  - (2) chairs that are sturdy, non-folding, without rollers unless retractable or on front legs only, and designed to minimize tilting.

History Note: Authority G.S. 131D-6.1; Eff. April 1, 2017.